

ELIXIR 2023- BLOOD DONATION CAMP

“Your Little Share of blood can give many years of life to someone”. Understanding the importance of donating blood, The NSS unit of PMSDSR in association with Sree Chitra Tirunal Institute for Medical Sciences & Technology(SCTIMST), All Kerala Blood Donors Society (KEBS) and Zam Zam group of restaurants organized our annual blood donation drive –“**Elixir 2023**”,on 8th June, 2023 in the college premises from 9:30 am to 2:00pm.Total 61 participants reported for the blood donation camp. NSS Volunteers along with the KEBS members actively organized the venue, screening for fitness of potential donors.

The Blood collection, preceded by initial screening with questionnaires and counselling, health fitness check-ups (Haemoglobin counts, weight) and medical fitness was obtained with consultation, by Dr.George, MBBS,MD(Camp in charge , SCTIMST) and Dr Pradeep ,Medical Officer. Faculty, staff and students who willingly appeared for blood donation drive venue were sixty-five (61) in number, following screening 41 were found fit for donation of blood. The donors, following the donation of blood were provided lunch sponsored by Zam Zam group of Restaurants, Trivandrum. The donors also received a certificate for participation from KEBS and Our institution also received special appreciation and certification.

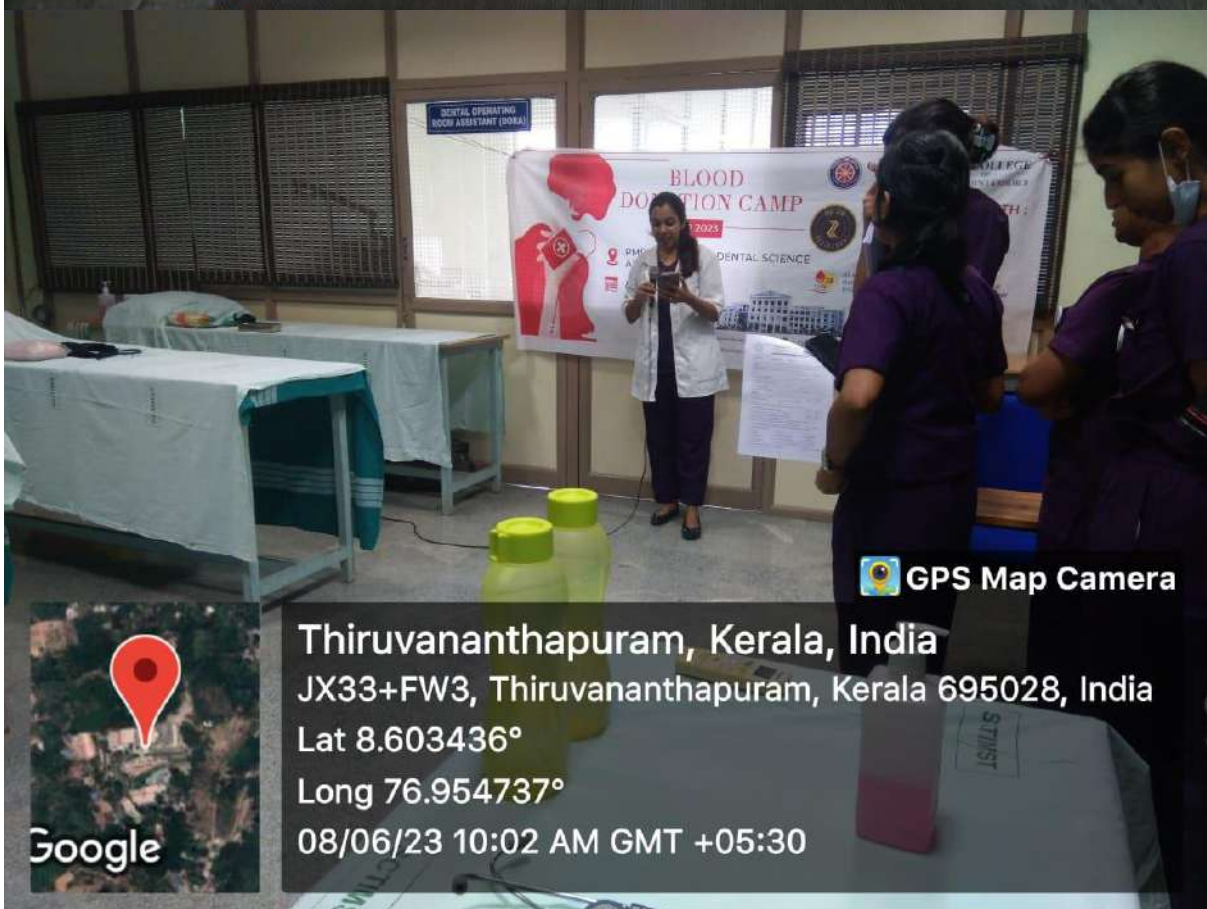


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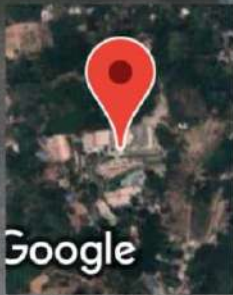


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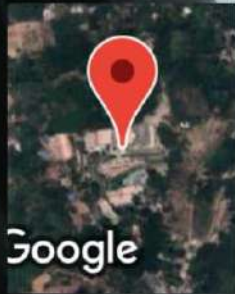


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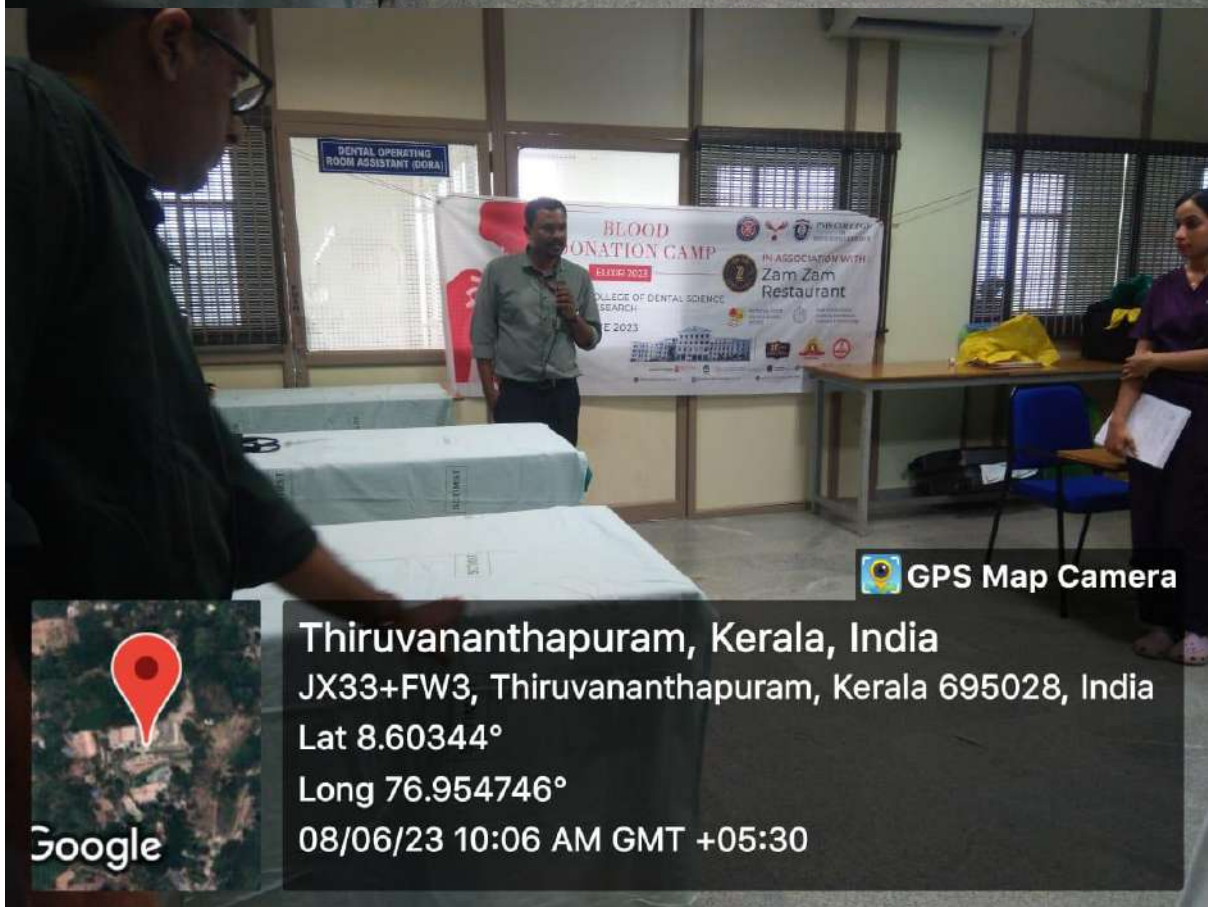


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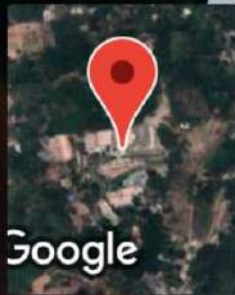


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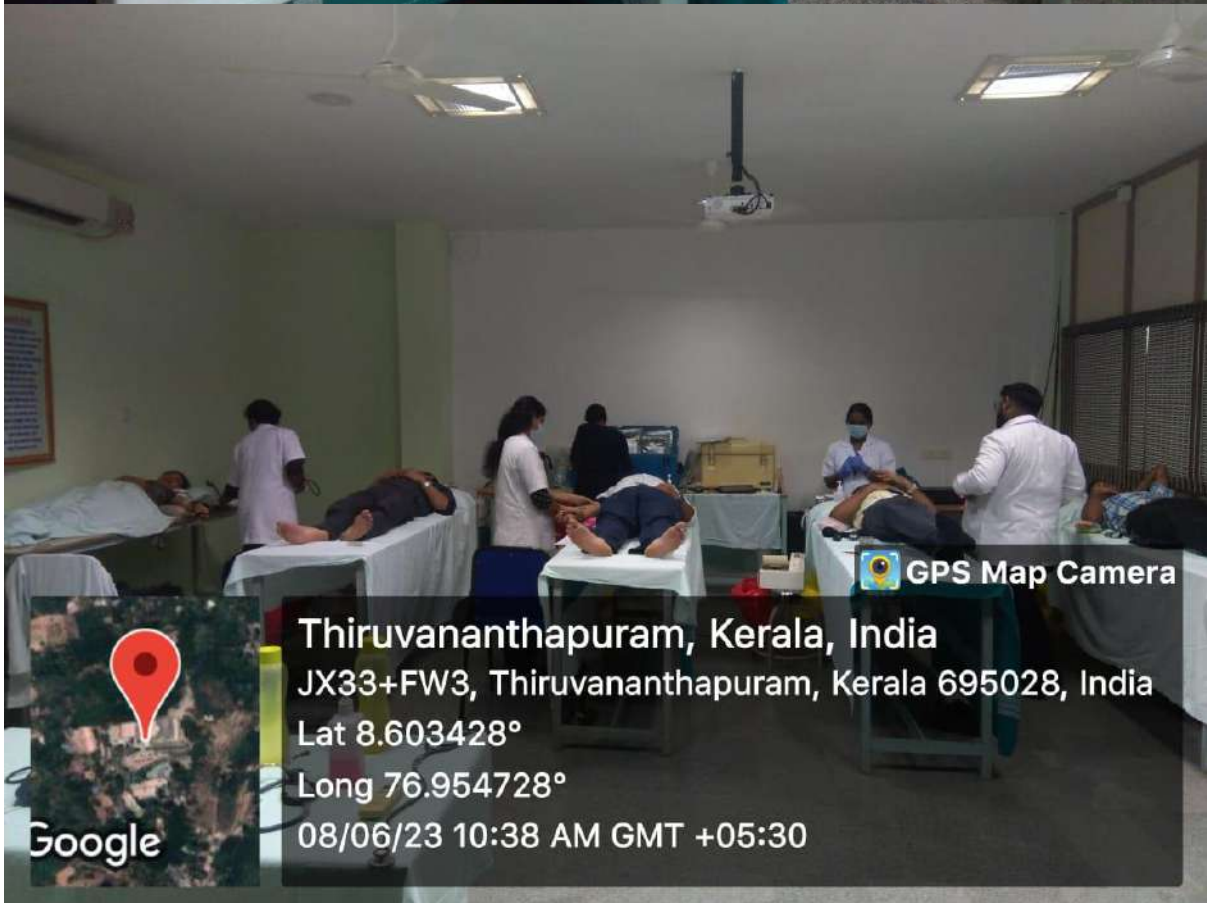


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PMS COLLEGE OF DENTAL SCIENCE & RESEARCH

REPORT ON SAMMOHAN-ALL INDIA ART FESTIVAL FOR CHILDREN WITH DISABILITIES

The National Arts Festival for children with disabilities 'Sammohan', was held on 25th and 26th February 2023, at Different Arts Centre, Thiruvananthapuram, Kerala. More than 1,000 children with special needs, and their caregivers travelled to the centre from various states of the nation to perform variety of arts on one stage. The program was supported by the Department of Empowerment of Persons with Disabilities (DEPWD), Ministry of Social Justice and Empowerment, Government of India, and the Social Justice Department, Government of Kerala. This Art Festival was a platform to recognize the talents and skills, and applaud the efforts, of persons with disabilities and was aimed at raising awareness about the rights of persons with disabilities and the role of various stakeholders in creating an inclusive society. The event was graced by the presence of ministers from the central and state governments, government officials, and other renowned personalities. More than 60 volunteers – undergraduate students, interns and faculty from NSS Unit, PMS College of Dental Science and Research were present at the venue on both days to assist the participants and families and greatly contributed to the smooth conduct and overall success of the program.



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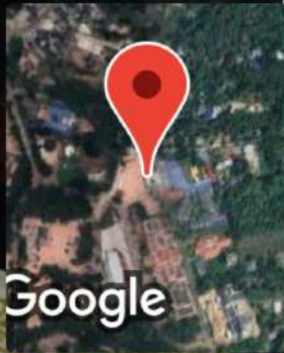


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**REPORT ON SAMMOHAN-ALL INDIA ART FESTIVAL FOR
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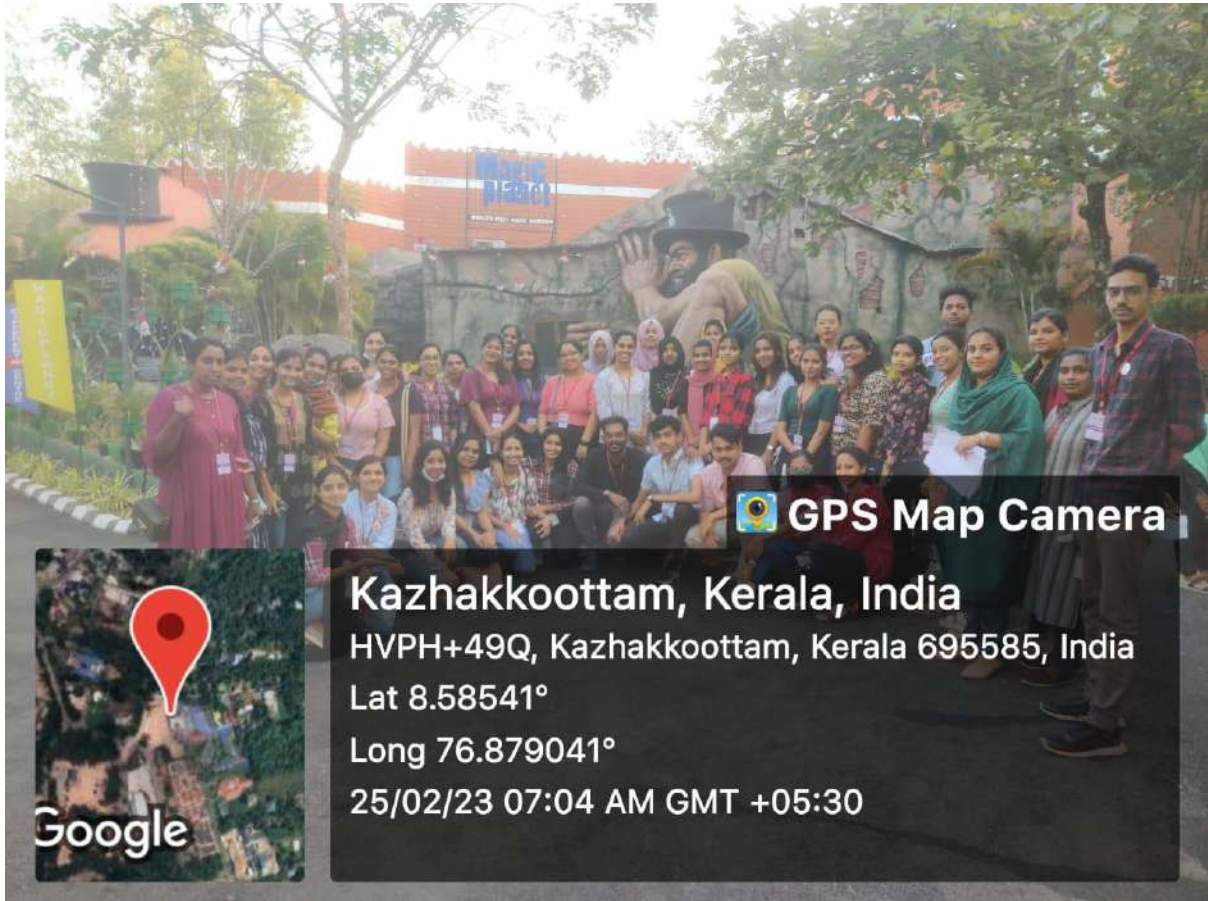
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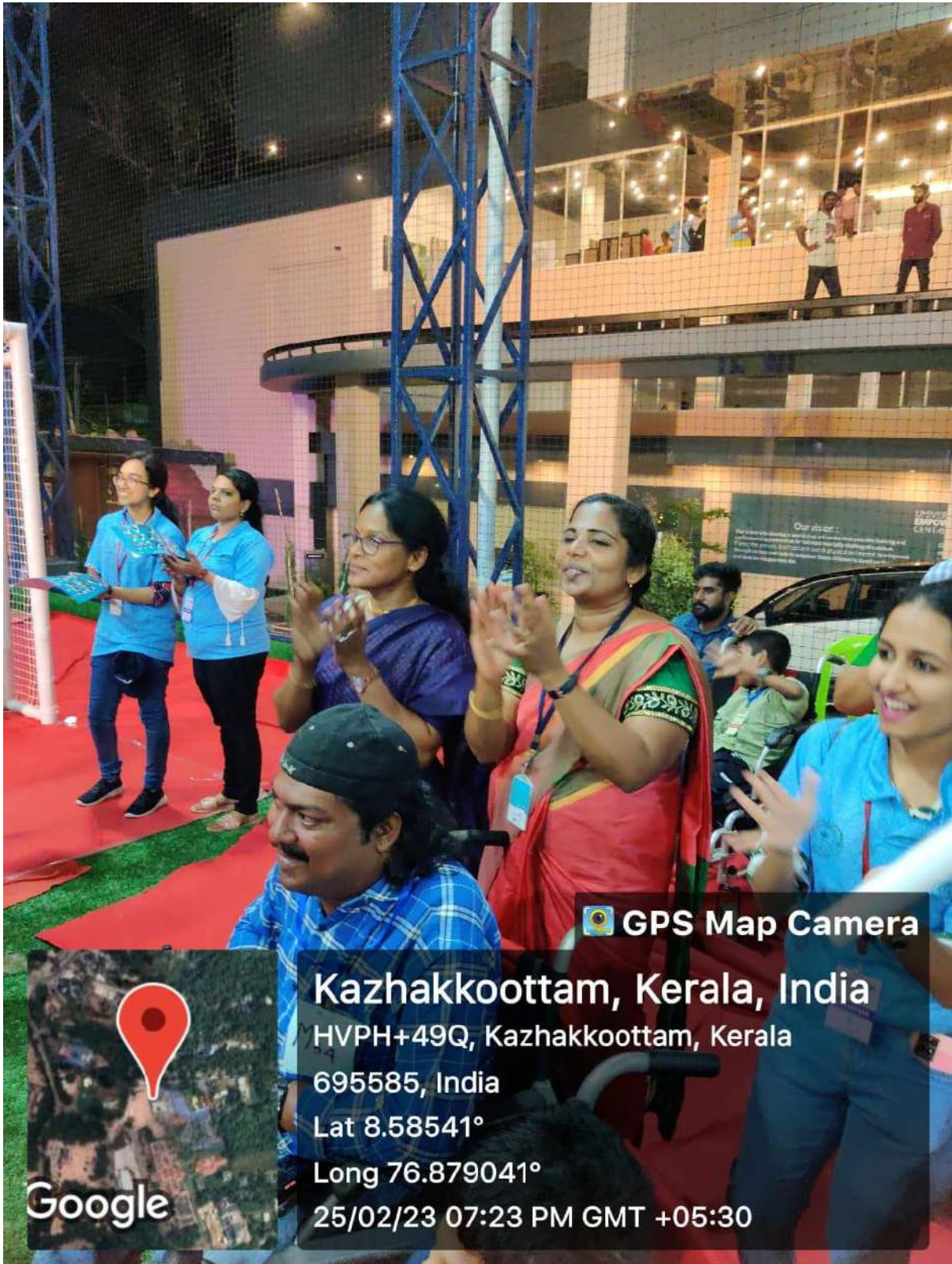
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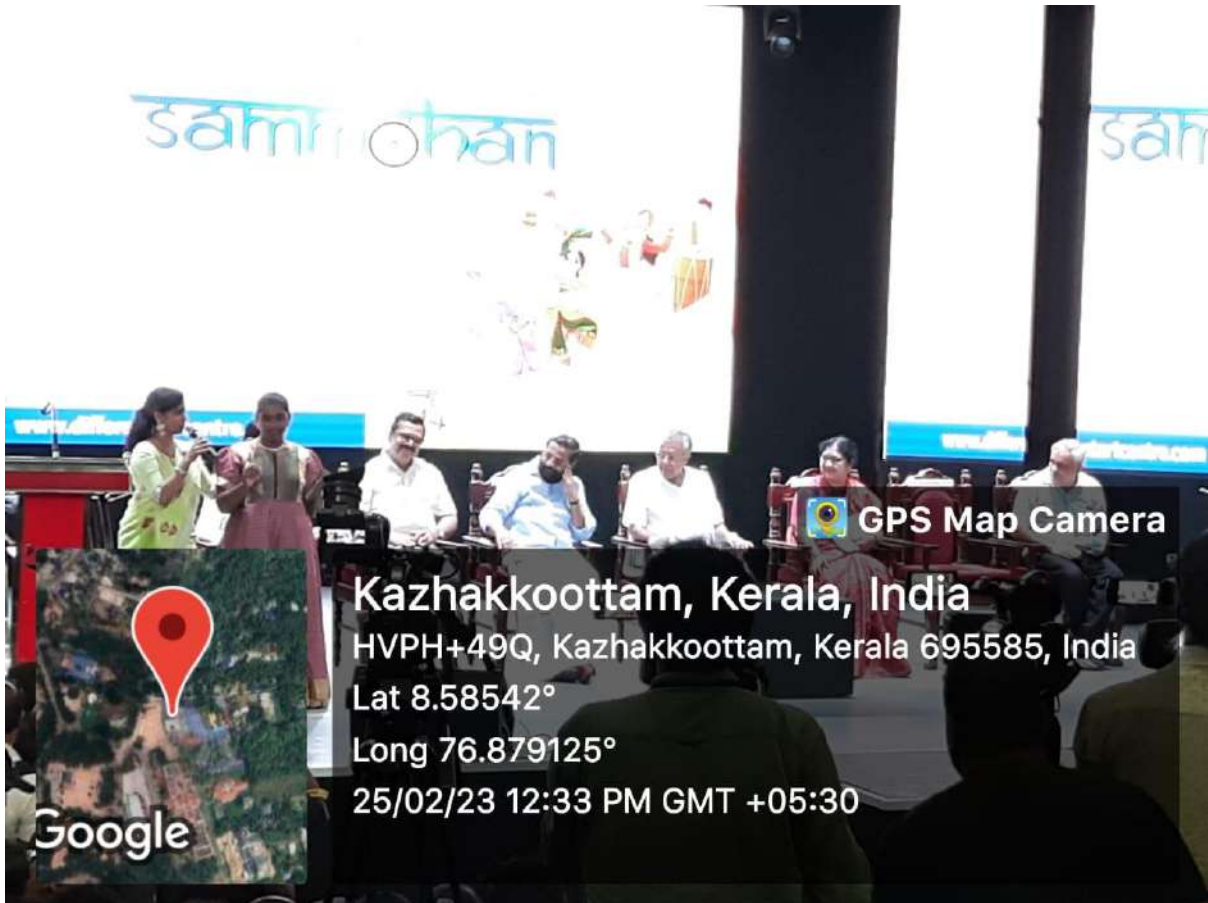
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CHILDREN WITH DISABILITIES**



GANDHI JAYANTI

The NSS unit of PMS Dental College Of Dental Science & Research , Vattapara observed the Gandhi Jayanti on 02/10/2022.

The program to pay tribute and salutation to the great leaders on their birth anniversary was organized by the NSS unit in the college premises.

NSS coordinator Dr Vinod Nair and physical education Head Mr Jassim along with the volunteers of NSS actively participated in this Program.

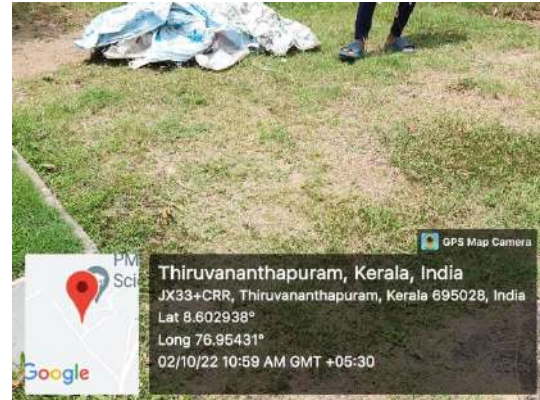
On this day the NSS Unit conducted a cleanliness drive in the campus and in an area outside the campus (KALAYAM).

At the end of the event all the participants from the NSS was appreciated and lauded for their commendable work by the NSS coordinator Dr Vinod Nair.





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CANCER AWARENESS DAY-SWASTHY FOUNDATION - REPORT

From 2014, November 7th is observed as National Cancer Awareness Day in India. On this occasion various programs are being conducted by the Government and NGO to spread Cancer Awareness message. A Mega National Cancer Awareness Day was held on 7th November 2022 in Trivandrum from 9 AM to 9 PM. The event was named “കരുതൽ ഏകാൻ കൈ കോർക്കാം”. The program was inaugurated by the Hon. Minister of Health, Education and prominent politicians, policy makers, celebrities, oncologists, media persons, cancer survivors etc. were also present during the event. Our institution actively participated in the program. More than 10 house surgeons, 50 undergraduate students (NSS members), 3 staffs, 2 chairside assistants, Postgraduates actively participated in this event by examining the Oral Cavity and presenting a flash mob. The program was conducted in (E.K. Nayanar Park, Putharikandam). Our students also actively volunteered for registration and reception.





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Report
Say no to drugs

An 'Anti Narcotic Awareness Talk' was organised by the NSS unit of PMS College of Dental Science and Research on the 27th of October 2023. Mr. Vignesh S.A; district coordinator, Vimukthi Mission, Excise Department, Trivandrum was invited as the speaker.

The programme started off with lighting of the lamp by the speaker followed by the chairman, principal and academics coordinator.

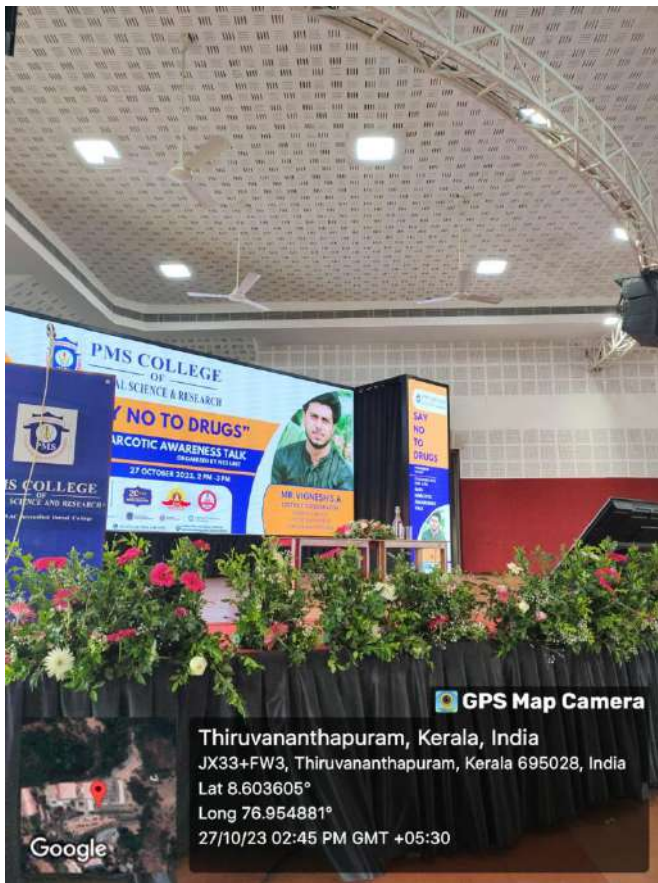
Mr. Vignesh started off with a basic introduction of himself. He began by asking a student about the definition of drugs and its influence on the body. He then himself gave us a full-fledged information on the various kinds of drugs and their harmful side effects.

He then brought up an interesting activity. He invited 4 students and asked 2 of them to be BDS students and the remaining 2 to be old acquaintances (of those 2 students) who happened to be drug addicts. The task of those acquaintances was to sell drugs to them.

The activity began with the 4 students greeting each other and discussing their ongoing life. As their conversation proceeded the 2 drug addicts slowly started pulling them into the vicious cycle of drugs. They started explaining about the joy, the adrenaline rush and various other aspects that come with the use of drugs. But those 2 students were firm in their stand and said a big NO which caused the acquaintances to fail miserably in their task. The crowd applauded the students for their active participation and Mr. Vignesh handed over them their gifts as a token of appreciation.

Mr. Vignesh continued his awareness talk on Anti-Narcotics and concluded his talk by giving the students a lesson to behold for the rest of their lives: "Always say no to drugs no matter whichever helpless situation you find yourself in. Drug usage is not the answer to your problems."

The programme concluded by giving Mr. Vignesh a token of appreciation for his awareness talk.



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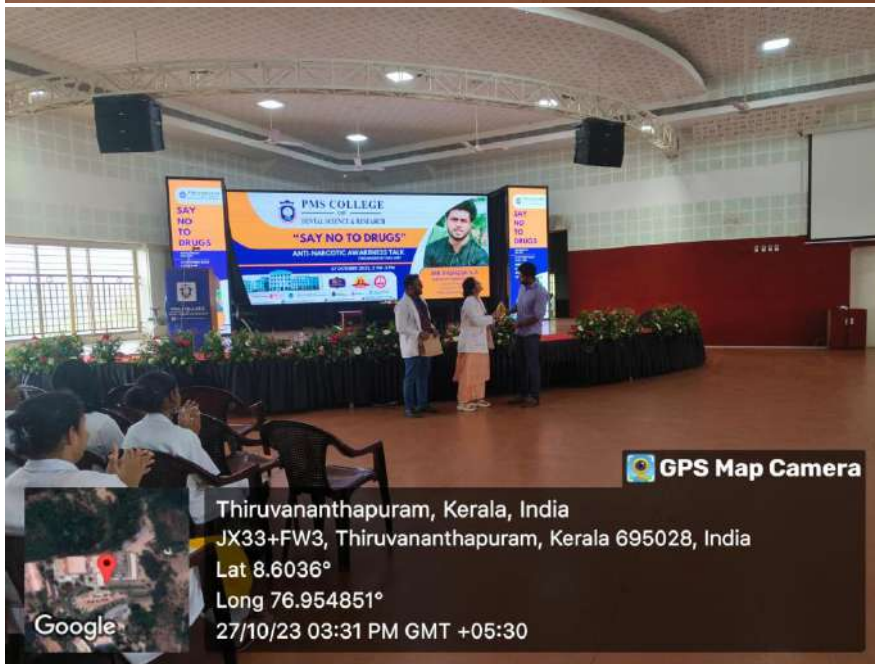
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