



PMS COLLEGE

OF

DENTAL SCIENCE & RESEARCH

REPORT OF CDE PROGRAM

‘CURRENT TRENDS IN THE DIAGNOSIS AND MANAGEMENT OF TEMPOROMANDIBULAR DISORDERS’

REFERENCE: Kerala Dental Council Order No: CDE/5026/23/KDC. Dated 10/04/23

Credit points awarded: 06 credit points for registered delegates

**TITLE OF THE PROGRAM: CURRENT TRENDS IN THE DIAGNOSIS AND
MANAGEMENT OF TEMPOROMANDIBULAR DISORDERS**

VENUE: Dr. R. Ahmed Central Auditorium

DATE: 11/05/2023

TIME: 8:30AM -4:30 PM

FACULTY:

Dr. Prisly Thomas, MDS

- Diplomate American Board of Orofacial Pain
- MDS Prosthodontics & Implantology, KUHS
- Fellowship and Mastership in Orofacial Pain, TMD & Sleep Medicine, Roseman
- Assistant Professor at Believers Church Medical College & Hospital

PROGRAM SCHEDULE

8.30 AM: REGISTRATION

9.00 am to 9.20 am: INAUGURATION

9.30 am to 11.00 am: LECTURE 1

- Intrinsic Disorders of TMJ
- Masticatory Muscle Disorders
- Myofascial pain and referral pattern



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11.00 am to 12.30 pm: LECTURE 2

- Diagnosis and Management of Temporomandibular Disorders and Myofascial Pain Disorders

12.30 pm to 1.00 pm:

- BRIEFING ON HIGHER EDUCATIONAL PROSPECTS FOR DENTISTS IN THE UNITED STATES [for Interns and PGs]

1.00 pm to 1.30 pm: LUNCH

2.00 pm to 4.30 pm: HANDS ON

- Clinical Examination on TMJ
- Palpation of Muscles of Head and Neck
- Trigger point therapy(Spray & Stretch/Trigger point injection) for Myofascial pain
- Fabrication of Stabilization Appliance (Demonstration)

REPORT

CDE on 'CURRENT TRENDS IN THE DIAGNOSIS AND MANAGEMENT OF TEMPOROMANDIBULAR DISORDERS' organized by the Department of Oral Medicine and Radiology & CDE Committee, PMS College Of Dental Science & Research, Trivandrum was conducted on 11/5/2023 at the R Ahmed Central Auditorium from 8.30 am to 4.30 pm. This program highlighted the Diagnosis and Management of Temporomandibular Disorders and Myofascial Pain Disorders.

Delegate registration was online, started 2 weeks back. The registration fee for Lecture only Rs. 1000 and Lecture and Hands On Rs. 2400. The registration for the CDE programme started at 8:30 am in the R Ahmed Central Auditorium.

At 8.55 am 1 minute silence was observed in respect to Dr. Vandana Das, Intern at Azeezia Medical College who lost her life while on duty.



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The inaugural function started at 9 am with a prayer song. A video presentation of the highlights of the programs conducted on National OMR Day was projected. Dr. Sunila Thomas, Professor & HOD OMR gave the welcome address. The inauguration and inaugural address was by the Principal Dr. Rajesh Pillai. All the members on the Dias accompanied the Principal for the inauguration by lighting the lamp. Introduction of the speaker was done by Dr. Jincy Thomas. The Speaker Dr. Prisly Thomas was honoured with a Memento and Certificate presented by the Principal. This was followed by a prize distribution ceremony. Principal distributed the cash prize and certificates to the students participated in the various competitions conducted on the National OMR Day. Dr. Devi Gopakumar gave the Vote of Thanks. With the National Anthem, the official inaugural function was concluded at 9.20 am.

The Lecture started at 9.30 am by the Resource person Dr. Prisly Thomas. He gave an elaborate session on the various types of Temporomandibular disorders including Myofascial pain disorders and internal derangement of Temporomandibular joint. An update on the diagnosis and management of TMD was highlighted. The session was made interactive with clinical case discussions on Temporomandibular Disorders. A briefing on higher educational prospects in the United States for aspirants to pursue their career on Orofacial Pain and TMJ Disorders was given from 12.30 pm to 1 pm.

The afternoon session was Hands on and demonstration. Detailed Clinical Examination of TMJ along with Palpation of Muscles of Head and Neck was demonstrated. The participants were trained on systematic examination and palpation of masticatory muscles. The second aspect in the session, Trigger point therapy was Spray & Stretch and Trigger point injection for Myofascial pain. This was followed by Demonstration of Fabrication of Stabilization Appliance for TMD. The Hands on session was interactive and beneficial to the participants. The program concluded at around 4.30 pm.



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Students were very enthusiastic, appreciative and receptive of the Lecture and the Hands on. The program was very informative for the participants as it helped them to upgrade their knowledge on the Current Trends in the Diagnosis and Management of Temporomandibular disorders.

Dr.Kiran S Shankar

CDE Coordinator

Dr. Sunila Thomas

Professor & Head of Department

Dept. of Oral Medicine & Radiology

Dr Afsal A

KDC Observer

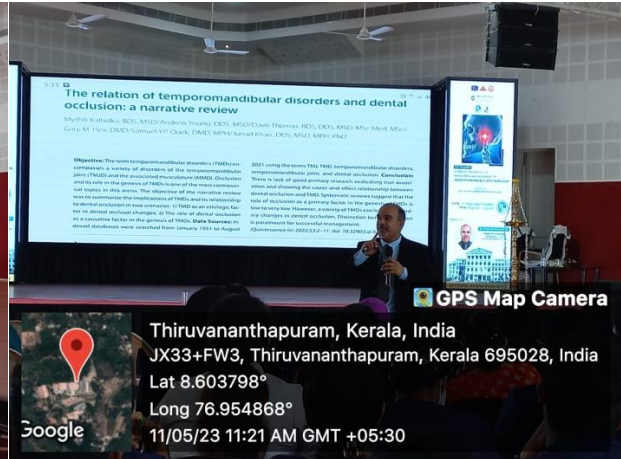


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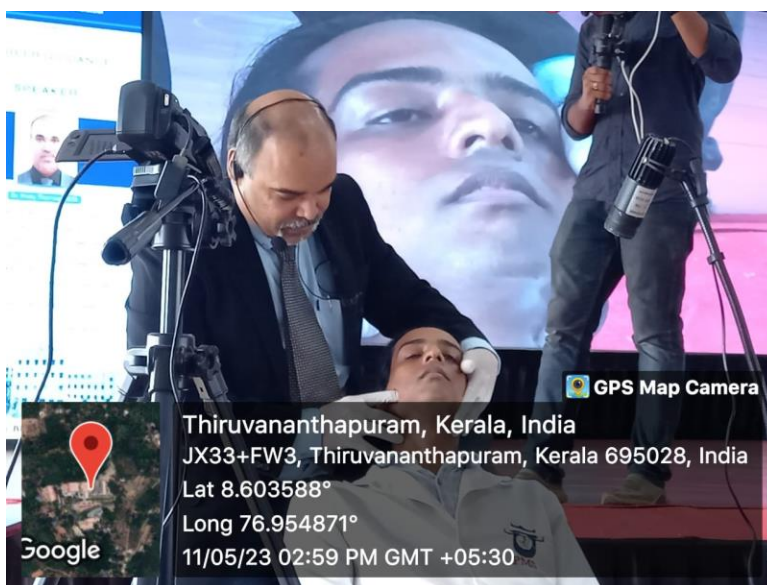


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