











### CDE PROGRAM

**CURRENT TRENDS IN THE** DIAGNOSIS & MANAGEMENT OF **TEMPOROMANDIBULAR DISORDERS** 

Organized by

DEPT OF ORAL MEDICINE AND RADIOLOGY

NATIONAL ORAL MEDICINE & RADIOLOGY DAY 2023

Date: 11th May 2023, Thursday

Time: 8.30 am - 4.30 pm

**REGISTRATION FEES:** 

Lecture only: ₹1000

Lecture and Hands on: ₹2400



# Dr. Prisly Thomas, MDS

- Diplomate American Board of Orofacial Pain
- MDS Prosthodontics & Implantology, KUHS
- Fellowship in Orofacial Pain, TMD & Sleep Medicine, Roseman University USA
- Mastership in Orofacial Pain, TMD & Sleep Medicine, Roseman University USA
- Over 20 years of clinical practice with over 10 years of TMJ practice.
- Assistant Professor at Believers Church Medical College & Hospital

# PROGRAM SCHEDULE

8.30 am

Registration

9.00 am to 9.20 am

**Inauguration** 

9.30 am to 11.00 am

Lecture 1

- Intrinsic Disorders of TMJ
- Masticatory Muscle Disorders
- Myofascial pain and referral pattern

11.00 am to 12.30 pm

Lecture 2

- Diagnosis & Management of Temporomandibular Disorders & Myofascial Pain Disorders

1.00 pm to 1.30 pm

Lunch

1.30 pm to 4.30 pm

**Hands On** 

- Clinical Examination on TMJ
- Palpation of Muscles of Head and Neck
- Trigger point therapy(Spray & Stretch/Trigger point injection) for Myofascial pain
- Fabrication of Stabilization Appliance (Demonstration)

# PROGRAM SCHEDULE

12.30 pm to 1.00 pm

BRIEFING ON HIGHER
EDUCATIONAL PROSPECTS
FOR DENTISTS IN THE
UNITED STATES
[for Interns and PGs]

#### **ORGANIZING TEAM**

### DEPT OF ORAL MEDICINE AND RADIOLOGY

#### DR. P. STHAHA

CHAIRMAN & PATRON

DR. RAJESH PILLAI PRINCIPAL

DR. BIJU BALACHANDRAN **ADMINISTRATOR** 

## **Organising Committee**

DR.SUNILA THOMAS DR.ASWATHY K VIJAYAN

(PROFESSOR & HOD)

DR.KIRAN S SHANKAR

DR.SHIANA JO

**DR.JINCY THOMAS** 

DR.DEVI GOPAKUMAR DR.SHABNA FATHIMA

### **CDE Committee Members**

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DR. VARSHA RAJEEV DR. KIRAN S SHANKAR

DR. KARTHIKAS DR. SREELAKSHMY KAMMATH

DR. RESHMI A DR. SUJITH KUMAR J S

### **Media Team**

DR.SREEJA C BABU MEDIA 8

#### RELEVANCE OF THE PROGRAM

## Temporomandibular disorders (TMD)

represents a diverse and complex group of orofacial pain disorder. The diagnosis and management of TMD still remains a challenge to the clinician.

This cde program provides an insight into the current trends in diagnosis and management of Temporomandibular Disorders. The one day program is dedicated for lecture and hands on focussing on a systematic approach that will give you confidence in clinical diagnosis and specific therapies related to TMD.

### Who is benefitted

Dental Practitioners and Dental Students (UG, Intern and PG)

### Learning objective

- Acquire clinical skills in the diagnosis and treatment of TMD
- Understand intrinsic disorders of TMJ
- Understand masticatory muscle disorders
- Understand myofascial pain and referral

### Hands on session

- Detailed clinical evaluation and palpation of muscles of head and neck
- Identify and treat Trigger points
- Demonstration of stabilisation splint

# REGISTRATION

#### **SCAN FOR PAYMENT**



#### **REGISTRATION FEES:**

Lecture only: ₹1000 Lecture and Hands on: ₹2400

FOR REGISTRATION KINDLY CONTACT

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